

## Sustainability for Growth and Productivity of Arabica Coffee in Lowland Regions of Bengkulu Province

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**Abstract**— Arabica coffee usually grows well at the latitude of more than 700 m above sea level, but in Bengkulu Province, Indonesia the highland regions are mainly located in the conserved areas and prohibited for agricultural cultivation. These subsequent studies aimed to result in the most adaptive genotype of arabica coffee to the lowland environment and the best planting gap of shading trees for improved coffee productivity. Two types of technology included in these studies were grafting of arabica and robusta as entress and understump, respectively, and environmental engineering at a lowland area by planting shading trees at different distances. Four arabica entresses of S-1934, Kartika, Sigararutang and Andung Sari varieties were grafted with robusta understumps to produce so called four “robbika” genotypes. The robbika stumps were grown in the lowland region under shading trees of legume species which were pre-planted with varous planting distances. Results showed that four genotypes of robbika coffee grew better in the lowland region compared to all genotypes of arabica coffee as shown by parameters of growth, physiological characters and yield potential. Environmental engineering treatments showed that the 2.5 x 2.0 m planting distance resulted in the best soil and microclimate conditions in the robbika plantation areas.

**Keywords**— Arabica coffee; grafting; sustainable growth and productivity; lowland regions; shading trees.

### I. INTRODUCTION

The policy on coffee development in Indonesia is directed the increase proportion of arabica coffee production. The policy is taken due to the fact that Indonesia is the main production of robusta coffee. In 2006, arabica coffee only covered the area of 177.10 ha with the productivity of 792 kg yr<sup>-1</sup> ha<sup>-1</sup>. In 2025, it is expected that the arabica area would be 236.00 ha with the productivity of 1,200 kg yr<sup>-1</sup> ha<sup>-1</sup> [1].

The environment of arabica habitat is the high country land, temperature between 18°C and 25°C and rain total between 1,200 and 2,000 mm yr<sup>-1</sup> with 1 to 3 dry months. Favourable soil for arabica is fertile having a thick topsoil, loose and pH between 5.5 and 6.5 [2]. Arabica coffee usually grows well at the latitude of 700 to 1,700 m above sea level, optimum at 800 to 1,200 m above sea level [3], but in Bengkulu Province, Indonesia the highland regions are mainly located in the conserved areas and prohibited for agricultural cultivation.

The Province of Bengkulu the main region of robusta coffee production in Indonesia. Development of arabica coffee in Bengkulu on the highland areas has many obstacles because most highland sites are located in the conservation forest land. Therefore, the potential of arabica development

in Bengkulu must be focused on the cultivation at the lowland. Problems on cultivation practices of arabica coffee at lowland areas arise from low growth rates and yields as well as susceptible to plant disease (*Hemileia vastatrix*). The answers to these problems are the genotype engineering on arabica coffee specific for lowland areas and environmental engineering for the arabica habitats.

Genotype engineering is conducted by producing Robbika coffee (i.e., robusta for understump and arabica for entrees) involving grafting technology at soldier phase. The genotype of Robbika coffee will have the superiority of arabica for entrees, including high production level, good quality of seeds and taste. The superiority of robusta for understump is the resistance nematodes and water stress, good rooting systems and already adaptive in robusta center of Bengkulu areas.

Growth environmental engineering can be conducted by growing shading trees therefore the growth conditions are close to the real highland conditions. A research showed that the intensity of shading affected temperature and humidity of air at the coffee nursery [4]. The average daily temperature was 28 to 29 °C and the humidity was 88% for the shading intensity of 75%. Therefore, a good management of shading trees may result in suitable conditions of the lowland area for arabica growth. The

components of growth environment that can be modified are temperature, humidity, light intensity and soil fertility.

These subsequent studies aimed to result in the most adaptive genotype of arabica coffee to the lowland environment and the best planting gap of shading trees for improved coffee productivity.

## II. METHODS

This research was conducted subsequently from 2009 until 2011 [5; 6; 7] the experiment site of Bengkulu City and the laboratory of Bengkulu University. The location of the subsequent study sites were in the southern part of Sumatera Island, Indonesia as shown in Fig. 1. The experiments used a randomized block design arranged in a split plot, having four shading intensities as the main plots (planting distances of 2.5 x 2.0 m; 2.5 x 1.5 m; 2.5 x 1.0 m and 2.5 x 0.5 m) and ten coffee genotypes as the sub plots (Arabica 1; Robbica 1; Arabica 2; Robbica 2; Arabica 5; Robbica 5). Each combined treatment was subject to three replications, therefore there were 120 plots used in these studies.



Fig. 1 Location of Studi Sites

Genotype coffee materials used in these studies were the combinations of arabica and arabica as well as of robusta and arabica (called Robbica) as presented in Table 1. These combinations resulted in five genotypes of Arabica and five genotypes of Robbica. Indicators of success were shown by the performances of Robbica and Arabica coffee including growth characteristics (plant height, stump diameters, and leaf numbers), biological characteristics (number of stomata

and the degree of leaf colour), biochemistry characteristic as yield predictor (nitrate reductase activity), and the resistance to *H. Vastatrix* attack. Growth environmental conditions such as air temperature, humidity and soil fertility were also observed.

TABLE I  
GENOTYPE MATERIALS OF ARABICA COFFEE

No	Genotype	Under stump	Entrees
1	Arabika-1	USDA-230762	USDA-230762
2	Robbika-1	ROBUSTA	USDA-230762
3	Arabika-2	S-1934	S-1934
4	Robbika-2	ROBUSTA	S-1934
5	Arabika-3	KARTIKA-1	KARTIKA-1
6	Robbika-3	ROBUSTA	KARTIKA-1
7	Arabika-4	SIGARARUTANG	SIGARARUTANG
8	Robbika-4	ROBUSTA	SIGARARUTANG
9	Arabika-5	ANDUNGSARI	ANDUNGSARI
10	Robbika-5	ANDUNGSARI	ANDUNGSARI

## III. RESULTS AND DISCUSSION

### A. Growth Patterns of Arabica

Based on a research parameter of plant height, the studies showed that Genotypes 3 and 4 had the best growth rate when compared to other eight genotypes used in the studies. The current result was consistent with genotype material characteristics of S-1934 variety as an entrees. The variety of S-1934 had the growth types of herb, the canopy of growing vertically and horizontally, and the stump diameter increased rapidly [7].

The performance of Genotype 4, i.e., robusta understump combined with S-1934 arabica entrees, had the highest growth patterns as shown by higher stump diameter. This indicated that the engineering approach by using grafting technology used in these three-years studies had some advantages by combining the superiority of both arabica and robusta.

The highest number of leaf was resulted from Genotypes 6 and 8. Genotype 6 consisted of robusta understump and arabica Kartika entrees. On the other hand, Genotype 8 consisted of robusta understump and Sigararutang variety entrees. Kartika-1 and Sigararutang varieties were small growing varieties of arabica but good canopy system. The small growing varieties of arabica were recommended for coffee cultivation on the middleland area at the latitude of about 300 above sea level [8]. According to the above morphological performance of arabica coffee, the performance of new robbica genotypes was significantly better than the pure arabica, i.e., genotypes of Robusta-S.1934, Robusta-Kartika 1, Robusta-Sigararutang and Robusta-Andungsari.

### B. Physiology and Biochemistry Characteristics of Arabica

Growth parameters presented by the averages values of stomata number, the leaf colour index, and reductase nitrate activity (RNA) are presented in Table 2. The performances of the stomata number, leaf colour index and reductase nitrate activity showed that the even numbers of genotypes were significantly better than the odd genotype numbers. The even numbers of genotypes included all robbica types,

which were a combination between robusta understump and arabica entrees.

TABLE II  
GENOTYPE MATERIALS OF ARABICA COFFEE

No	Genotype	Number of Stomatae	Leaf Colour Index	NRA
1	Arabika-1	11.56 a	58.24 b	25.92 bc
2	Robbika-1	12.30 a	56.56 c	29.23 abc
3	Arabika-2	11.67 a	62.60 ab	27.19 abc
4	Robbika-2	11.27 a	63.52 a	28.31 abc
5	Arabika-3	11.55 a	62.25 ab	25.61 c
6	Robbika-3	11.13 a	61.58 ab	30.32 a
7	Arabika-4	10.77 a	63.33 a	25.16 c
8	Robbika-4	10.98 a	65.86 a	30.05 ab
9	Arabika-5	12.12 a	63.63 a	26.48 abc
10	Robbika-5	11.17 a	6.16 ab	29.06 abc

All genotypes with even numbers used in these subsequent studies resulted in high estimated potential of nitrat reductase activity. Nitrat reductase activity could be used as a sign of biochemical characters consisted of small protein that influenced by environment factors. Therefore, this parameter was very suitable for the population characteriation and selection indicators [9].

The fact that robbica coffee was superior to pure arabica coffee justified that the grafting technology could improve crop performances. The superiority of robusta as the understump was combined with the supriority of arabica as the entrees. Robusta had more resistant characters to the nemethod attack and water stress, had good rooting systems, and adaptable to coffee production centers in middleland and lowland areas, especially in the triangle coffee center of Bengkulu-Lampung-South Sumatera. On the other hand, arabica as entrees resulted in high potential of production, good quality of seeds, good performance of coffee drink, and good commercial values in the international market.

### C. Resistance to *Hemileia vastatrix*

Fungi *Hemileia vastatrix* was responsible for leaf disease attacks to arabica coffee. The resistance of the plant leaf to *H. Vastatrix* was maintained by nine dominant genes, which were SH1 to SH9 genes. For arabica coffee, there were four genes of resistance, including SH1, SH2, SH4, and SH5 genes [10].

Results from three-year studies on arabicacoffee showed that genotypes of robbica were more resistance to the attack of leaf diseases. The attacks on robbica were classified as weak, while the attack levels on pure arabica were classified as medium and high. Genotypes of Robusta-USDA230762, Robusta-S1934, and Robusta-Sigararutang were more resistant to the leaf disease caused by *H. Vastatrix* as shown from the delay on incubation, low percentage of the attacked plants, and low disease intensity.

The resistance of robbica genotypes to the leaf disease was the functional resistance, meaning that these genotypes would represent glucanase and citanase protein at the same time. The combination of both protein was very useful in order to reduce the hypha and to the fungi attack especially for genotypes resulted from S-1934 entrees [11].

### D. Growth Environmental Engineering for Lowland Areas

Results of soil fertility analysis at the study sites are presented in Table 4. At the end of experiments, the fertility

of soils under shading plants grown at 2.50 x 2.00 meter was the most suitable for requirement of arabica growth. Soils under these shading plants resulted in high pH value, higher C-organic, and finer texture compared to shading plants with narrower distances. These soil parameters were responsible for higher availability of phosphorous and other nutrients, as well as the holding capacity of soil water.

TABLE III  
ANALYSIS OF SOIL FERTILITY UNDER SHADING PLANTS

No	Analysis	Pra-Study	Final (A)	Final (B)	Finalr (C)	Final (D)
1	pH H <sub>2</sub> O	6.3	6.4	6.1	6.2	6.2
2	C-organic (%)	2.6	1.96	1.52	1.50	2.0
3	N-total (%)	0.19	0.19	0.11	0.15	0.20
4	P <sub>2</sub> O <sub>5</sub> Bray Kurzt 1	0.95	8.75	4.82	5.39	10.67
5	K-available	0.16	0.46	0.37	0.48	0.85
6	CEC	14.16	12.35	11.7	15.27	16.64
7	Textur < Sand (%)	75.26	36.74	35.67	47.34	46.79
8	Textur < Silt (%)	11.74	28.84	31.90	22.52	46.79
9	Textur < Clay (%)	13.00	34.42	32.43	30.33	26.06
10	Particle Density (g cm <sup>-3</sup> )	2.42	2.36	2.41	2.19	2.09

Note :

A : Planting distance of 2.50 x 2.00 m

B : Planting distance of 2.50 x 1.50 m

C : Planting distance of 2.50 x 1.00 m

D : Planting distance of 2.50 0.50 m

The 2.50 x 2.00 m planting distance of shading plants would have the population of 2,000 plants per hectare. That population was about similar to that in pre-yielding plants in the field. For the post-yielding plants, the population of shading plants could be reduced to about 800 plants [12].

## IV. CONCLUSIONS

The sustainability of arabica plantation in Bengkulu Region should shift from highland to lowland areas. The most suitable genotype to grow in the lowland areas was that resulted by combining robusta understumps and arabica entress. Growth environment at the lowland areas might be modified by growing shading plants at the distance of 2.5 x 2.0 m.

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